

Postoperative Gelfoam Myringoplasty Instructions

Dr. Healy - Dr. Keele - Dr. Tubbs - Dr. Ramsey

Contact Information:

- **Glacier Ear Nose and Throat - (406) 752-8330**
 - 9am to 5pm, Monday-Friday
 - After 5 pm and weekends, an "on call" provider is available.
- **The HealthCenter - (406) 751-7550**

When should I call my doctor?

- If I am worried, my doctor is worried! I will call my doctor's office.
- If I see signs of infection around the surgical site, like redness, warmth, drainage, pain and swelling or a fever above 101.5 degrees, I will call my doctor's office.
- If I am short of breath or have chest pain with no activity, I will call my doctor's office.

What should I expect after surgery?

- I have packing like a sponge in my ear. If I see some stick out that is ok.
- I may have a small amount of bleeding or pink drainage.

When will I see my doctor?

- I need to have a follow-up appointment with my doctor in 2 - 4 weeks after surgery.

What about my pain?

- I will have very little discomfort.
- I may use over the counter Ibuprofen or Tylenol.

How do I care for my surgical site?

- I will keep my ear(s) dry for 14 days after surgery.
- I will place cotton or ear plugs in my ear(s) and seal with Vaseline when washing my hair for 14 days after surgery.
- After 14 days, I will use my prescribed ear drops. I will place 5 drops in my ear(s) twice daily until I see my doctor again.
- I may place cotton in my ear and change it as needed if there is drainage.
- I will NOT use Q-tips in my ear.
- I will not swim until my doctor says I can.

THE HEALTHCENTER

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MYRINGOPLASTY INSTRUCTIONS



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