

Postoperative Tonsillectomy (Pediatric) Instructions

Dr. Healy - Dr. Keele - Dr. Tubbs - Dr. Ramsey

Contact Information:

- **Glacier Ear Nose and Throat - (406) 752-8330**
 - 9am to 5pm, Monday-Friday
 - After 5 pm and weekends, an "on call" provider is available.
- **The HealthCenter - (406) 751-7550**

When should I call my doctor?

- If you are worried, your doctor is worried! You should call the doctor's office.
- You should call the doctor or go to an Emergency Room if your child spits up more than a teaspoon of blood.
- If your child has a fever above 101.5 degrees, call the doctor.
- Call the doctor if your child has severe neck pain and cannot turn his/her head.
- You should call the doctor if your child has bad breath more than 2 weeks.
- If your child does not drink or eat for 24 hours or more, call your doctor.
- If your child has signs of dehydration, like a dry, sticky mouth or is not peeing much, call your doctor.

What should I expect after surgery?

- Your child will have a sore throat for up to 2 weeks after surgery.
- Your child will have a stuffy nose for up to 2 weeks after surgery.
- Your child may have neck, jaw or ear pain.
- Your child will have bad breath and white or dark scabs in his/her throat for 2 weeks after surgery.
- Your child will have a small amount of bleeding from his/her nose or will have a small amount in his/her spit for a few days.

When will my child see the doctor?

- Your child may have a follow-up appointment with the doctor in 1-2 weeks after surgery or receive a call from the doctor's office for a follow-up discussion.

What about my child's pain?

- Your child will have some discomfort.
- Use warm compresses and encourage your child to move his/her neck to help neck, jaw or ear pain.
- **Your child may NOT take Aspirin products for 2 weeks.**
- Give your child scheduled doses of **Children's Ibuprofen or Motrin for 5 days** after surgery.

Ibuprofen (100 mg/5 mL): give _____ mL by mouth every 8 hours for 5 days (10 mg/kg/dose).

If your child is not taking Norco, Lortab or Percocet you may give Children's Tylenol with the Children's Ibuprofen or Motrin.

Children's Tylenol (Acetaminophen) (160 mg/5 mL): give _____ mL by mouth every 8 hours (15 mg/kg/dose).